



Raymond Central Youth Sports Association Track and Field Clinic



WHO: Kindergarten through 6th grade boys and girls

WHAT: Track and Field Clinic

WHEN: Thursdays, 5:30-7:00 p.m., April 7 - April 28

WHERE: Raymond Central High School Track (In case of inclement weather, the clinic will be held in the high school's gym.)

COST: \$20 (Make checks payable to RCYSA; includes an RCYSA track and field t-shirt.)

REGISTRATION: Please complete the form below and return it to your school office by Friday, April 1.

CONTACT: Please direct any questions to Shane Jensen at shanemjensen@hotmail.com or (402) 202-5250.

The Raymond Central Youth Sports Association (RCYSA) is a volunteer organization with a mission to encourage youth development by providing opportunities for personal and athletic growth. RCYSA promotes sportsmanship, self-esteem, commitment and the development of skills through athletic opportunities that will provide a safe, healthy and positive learning environment. Visit RCYSA at www.rcyouthsports.org.



2016 Track and Field Clinic Registration Form

Participant Name: _____ Grade: _____

T-shirt size (circle one): Youth Sm Youth M Youth L Adult Sm Adult M

Parent Contact Information – Name: _____

Phone number(s): _____

Email address: _____

In case of emergency please contact:

Name: _____ Phone: _____

_____ Please check here if you are interested in serving as a coach. A coaching clinic will be held 30 minutes prior to the first practice (April 7, 5:00pm) at the RCHS track to cover drills that will be run during the clinic.

_____ Please check here if you are interested in being a parent-helper during the clinic.

I give permission for the above-named person or minor to participate in the RCYSA track and field clinic. I understand that the Raymond Central Youth Sports Association and Raymond Central Public Schools have no responsibility, assume none, and do not carry insurance for the benefit of participants. I assume full responsibility for medical expenses and well-being and all rights against the Raymond Central Youth Sports Association and Raymond Central Public Schools are waived.

Signature: _____ Date: _____